

Catarrh

Is a constitutional disease. It originates in a scrofulous condition of the blood and depends on that condition. It often causes headache and dizziness, impairs the taste, smell and hearing, affects the vocal organs, disturbs the stomach. It is always radically and permanently cured by the blood-purifying, alternative and tonic action of

Hood's Sarsaparilla

This great medicine has wrought the most wonderful cures of all diseases depending on scrofula or the scrofulous habit.

Hood's Pills are the best cathartic.

Relics of an Age Long Past.

The petrified forests of Arizona were recently examined anew under the direction of the general land office. The silicified logs lie in the greatest abundance within an area of eight square miles in Apache county. In some places they lie more thickly than they could have stood while living as trees, and it is thought they must have been carried there by a swift current of water in the mesozoic age.

Dogs Work in Relays.

The 1,980 miles between Skagway and St. Michaels, Alaska, are covered by 600 dogs, working in relays of 25 miles, in four and one-half days. Between White Horse and Dawson, 140 horses are kept going day and night in relays.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 101 Arch St., Philadelphia, Pa.

A Wisconsin Family's Prominence.

Dr. Roswell Park, one of the physicians who attended President McKinley, is a son of the Rev. Roswell Park, D. D., who founded and was the first president of Racine college, Racine, Wis.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Present of Philippine Products.

President Roosevelt was recently presented a handsome cane and several pieces of cloth manufactured in the Philippine islands by A. Abren, a Filipino merchant traveling in this country to get a knowledge of American mercantile methods.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Ave., N., Minneapolis, Minn., Jan. 8, 1900.

Madrid to Erect Eight Statues.

The magistrates of Madrid, at a recent meeting, voted the sum of 250,000 pesetas for the erection of eight statues of Lope de Vega, Murillo, Moratin, Ventura-Rodriguez, Goya, Arquele, Quevedo and Salamanca.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by E. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: E. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

Fire Escape Instructions.

A descriptive article on Norway contains some striking instructions for the use of fire escapes taken from a local hotel, of which the following lines are part: "The plaited snorter shall be found in every room. To increase the hurry, let down the body one by one until all shall be left. The cord shall put out the ground from the shoulder thereunder."

Many good physicians and nurses use Wizard Oil for obstinate neuralgia and rheumatism. It's the right thing to do.

Nationality of Our Presidents.

President Roosevelt is the second president of Dutch ancestry, Van Buren being the first. Of our other chief executives, 14 have sprung from English stock, five from Scotch-Irish, three from Scotch and one, Jefferson, from Welsh.

Never Sick, Weaken or Grip.

A constipation cure that pleases your palate, cleanses your stomach, pleases your pocketbook. Cascarets Candy Cathartic. Druggists, 10c., 5c., 2c.

Must Be Lovely.

"But none of the other girls seem to admire my new dress." "Is that so?" Turn around. I didn't realize it was so pretty as that."—Philadelphia Bulletin.

DON'T GET WET!

THE ORIGINAL TOWER'S

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IS SURE PROTECTION

IN WET WEATHER.

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CURES WHEN ALL ELSE FAILS.

Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists.

CONSUMPTION

KINGS AND THEIR DINNERS.

Carlos of Portugal and British Beef—King Edward's Taste Is Home.

Being very fat, the King of Portugal is forbidden by his physicians to eat much meat. He calmly disobeys the doctors, however, and is especially fond of beef, of which he eats great quantities. When he visited England a few years ago he was stopping at Lord Salisbury's country seat, where also King Edward was a guest. One day at dinner King Carlos was asked what had impressed him most during his short stay in England.

He replied thoughtfully, "Well, I think English roast beef is very delightful."

"Oh," said King Edward with a laugh, "surely something else has impressed you as well?"

"Ah," was the reply, "of course the English boiled beef also is delightful."

The dish dearest to the heart of William of Germany is sauerkraut, served with sausages and bacon fried together. The Kaiser also is passionately fond of beer soup, made up of potatoes, onions and beer. The Kaiser's cooks are strictly limited as regards table expenses, and never are allowed more than a very limited sum for each person a meal, unless, of course, there is a state dinner, when the allowance is more liberal.

As to what King Edward eats, he is happily possessed of a first-class digestion, and thus it is very seldom that anything which he eats disagrees with him to any extent. Therefore it is his custom, and one which his medical advisers are thoroughly in agreement with, to eat just what he most fancies at the time, and to cease eating only when, according to an old-fashioned and sound principle, he has reached that stage when a little more would be acceptable, but is not necessary. When King Edward is in the country he likes a good substantial country breakfast, with fish, meats, and all the rest of it. Luncheon, at about two o'clock, is a very simple meal, and as regards it the King has no particular preferences except one for quietness. When he can avoid it, he does not like entertaining to lunch, and as Prince of Wales did not often do so, preferring to take the meal alone with his family, since it was seldom practicable to make dinner a simple domestic event in this way. Dinner is limited to an hour, and a late supper is one of the most important meals of the day.—Mainly About People.

RECENT INVENTIONS.

On the inside cover of a newly designed watch a thin pocket is provided having an open center and a slot in one side for the insertion of a photograph.

Outdoor chairs and benches for parks are provided with hinged backs, which can be closed over the seat to protect it from the weather and keep it dry when it rains.

A Brooklyn man has designed a combined ball and cover for palls, in which half the cover is fast on the pall, with the other half hinged to it and provided with a handle on its rim to lift the pall.

When a newly designed fountain pen falls to work an auxiliary pen can be pushed down to take its place by operating a sliding ring on the holder, the second pen being intended for use with an ink bottle.

Ribbons and fabrics can be easily measured by a new device consisting of a graduated strip of paper, which is rolled in the fabric before it leaves the factory, being unwound and torn off as the cloth is sold.

Bicycles can be fitted with a new pavement-cleaning device to keep the wheel from getting muddy, which is made of a cylinder brush held in a frame ahead of the front wheel and geared to the axle to revolve and sweep the street as the wheelman rides along.

Bishop Whipple Answered.

Early in his career as a missionary to the Indians the late Bishop Whipple had journeyed into the Indian country to preach a sermon to the assembled Chippewas in Chief Good Thunder's village. Bishop Whipple had with him the costly garments of his office which he wore on such occasions, and it became necessary to leave them unguarded in the chief's tepee. It seems that the bishop had his doubts at that time as to the inherent honesty of the average Indian. Before leaving he asked, turning to Good Thunder: "Chief, do you think it will be safe to leave them here?" "Never fear, bishop," was the reply; "there isn't a white man within three miles of here."—New York Times.

Harvesting with Automobiles.

The cost of harvesting wheat on the Pacific coast has been so lessened by the use of automobiles that a greater amount of the grain can be produced at the same actual expense than in the Argentine Republic, where labor costs only a fraction of a dollar a day. The large automobile traction engines now used in California are of fifty-horse power and are provided with driving wheels sixty inches in diameter. They do the plowing, planting and harvesting in their proper seasons. One traction engine performs the triple work of plowing, harrowing and planting in one operation.

The Original Woman.

Now, Eve was writing a letter to her daughter-in-law, who was Cain's wife, and she asked Adam to get another sheet of birch bark to complete the missive upon.

"All right," said Adam, "but you had better let the trees get another ten years' growth before you try to write any postscripts."—Baltimore American.

To Mothers of Large Families

In this workaday world few women are so placed that physical exertion is not constantly demanded of them in their daily life.

We make a special appeal to mothers of large families whose work is never done, and many of whom suffer, and suffer for lack of intelligent aid.

To women, young or old, rich or poor, we extend an invitation to accept free advice. Oh, women! do not let



Mrs. Carrie Belleville.

your lives be sacrificed when a word of advice at the first approach of weakness, may fill your future years with healthy joy. Address a letter to Mrs. Pinkham's Laboratory, Lynn Mass., and you will not be disappointed. "When I began to take Lydia E. Pinkham's Vegetable Compound I was not able to do my housework. I suffered terribly at time of menstruation. Several doctors told me they could do nothing for me. Thanks to the Pinkham advice and medicine I am now well, and can do the work for eight in the family."

"I would recommend Lydia E. Pinkham's Vegetable Compound to all mothers with large families."—Mrs. Carrie Belleville, Ludington, Mich.

Advice for Astor.

Mr. Astor cannot be a peer of England because the law prohibits naturalized subjects from attaining to that dignity. Mr. Astor has tried so hard to get away from his fur and pelt ancestors that he has brought it to the notice of all the world, and got nothing else for his pains except disappointment. It is a wise son who accepts his own pedigree.—Pittsburg Times.

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For WATCHES, DIAMONDS and JEWELRY when you can buy unredeemed pledges for Amount of Money Loaned with interest at the Portland Loan Office, 74 THIRD STREET, PORTLAND, OREGON.

New Jewelry at 40 per cent. lower than at any Jewelry Store in Portland.

Wholesale Beer Drinkers.

The British are the largest drinkers of beer in the world and the consumption is growing. The quantity of beer absorbed in 1900 amounted to 1,289,766,000 gallons, or not much less than 208,000,000 cubic feet; in other words, the contents of a reservoir 2,000 feet long, 1,000 feet wide and 104 feet deep.

Dreyfus Returning to Alsace.

Captain Dreyfus, who has been living at Cologne, near Geneva, for some time past, has determined to leave Switzerland and make his home in Alsace, where he was born. He will spend the winter in the Riviera, after which he will definitely settle down in Alsace, devoting his time to literature and scientific pursuits.

Allegations Certified To.

A Sumner county (Kansas) man who had a neighbor arrested for slander, swore to the following affidavit: "I hereby solemnly swear that the defendant set upon me, calling me a lobster, a pauper, a scarecrow, and an idiot, all of which I certify to be true."

Not Smooth.

Quinn—I think Bob Evans called his book a "Sailor's Log." De Fonte—Yes, and it seems to me some people ran against a good many knots when they read it.—Chicago News.

South American Underground Telegraph.

The Argentine Republic has been obliged to put the telegraph line between Rosario and Buenos Ayres under ground, because on wet days the electric current was dissipated through the numerous spider webs attached to the wires.

A Smart Girl's Deception.

A wise girl in Garnet, Kan., ties an apron around her waist whenever she sees her "steady" coming, and when she lets him in she blushes and excuses herself on the plea that she has been "helping mamma."—Kansas City Star.

Holiday Resolutions

Take the Keeley Cure

sure relief from liquor, opium and tobacco habits. Send for particulars to

Keeley Institute, Moved to 420 Williams Ave., Portland, Oregon. N. F. N. U. No. 48-1901.

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A NICE UMBRELLA is a fine Christmas present. JOHN ALLESINA, 309 Morrison St., opp. Postoffice. PORTLAND, ORE.

WOMEN OF THE UNITED STATES

Regard Peruna as Their Shield Against Catarrh, Coughs, Colds, Grip and Catarrhal Diseases.



Mrs. Belva A. Lockwood, Late Candidate for the Presidency.

Mrs. Belva Lockwood, the eminent barrister of Washington, D. C., is the only woman who has ever been a candidate for the presidency of the United States. She is the best known woman in America. As a pioneer of her sex in the legal profession she has gathered fame and fortune. In a letter to the Peruna Medicine company, she says:

"I have used your Peruna both for myself and my mother, Mrs. Hannah J. Bennett, now in her 88th year, and I find it an invaluable remedy for cold, catarrh, hay fever and kindred diseases; also a good tonic for feeble and old people, or those run down, and with nerves unstrung."

Yours truly,

Belva A. Lockwood.

Peruna cures catarrh by removing the cause, inflamed mucous membranes.

Dr. Hartman, the compounder of Peruna, once said in a lecture to women: A great number of women consult me every year. I often have occasion to say to these patients: "I fear you have catarrh, madam." They will generally reply, "Oh, no, I never had catarrh. My nose is perfectly

Shah Photographed in Bed.

The Shah of Persia is an amateur photographer who has attained great proficiency in the use of the camera. He has a mania for being taken in every conceivable pose and dress, and has even been photographed in bed.

The Second Distillation.

The "bright child" whose sayings get into the papers usually has bright parents who are quite facile with the pen. It is a very bright child who recognizes its own joke.—Minneapolis Journal.

Well Informed.

"He seems to be a well informed man."

"Certainly. His wife tells him everything that's going on."—Philadelphia Bulletin.

clear, and my breath is not bad. I am not troubled with coughing or spitting, or any other disagreeable symptoms of catarrh." "But you may have the catarrh all the same. Catarrh is not always located in the head. You may have catarrh of the lungs, or stomach or liver, or kidneys, and especially you may have catarrh of the pelvic organs."

The doctor went on to say:

"I have been preaching this doctrine for the last 40 years, but there are a vast multitude of women who have never heard it yet."

Catarrh may attack any organ of the body. Women are especially liable to catarrh of the pelvic organs. There are one hundred cases of catarrh of the head. Most people think because they have not catarrh of the head, they have not catarrh at all. This is a great mistake and is the cause of many cases of sickness and death."

Mrs. T. Pelton, 562 St. Anthony venue, St. Paul, Minn., writes: "Peruna has done wonders for me. It has cured my headache and palpitation of the heart; has built up my whole system. I cheerfully recommend Peruna to all sufferers afflicted with catarrh. My mother is never without Peruna."

When one is tired and generally out of sorts, if Peruna is taken it immediately removes that tired feeling."

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of the Hartman Sanitarium, Columbus, O.



Mrs. T. Pelton.

BEST FOR THE BOWELS

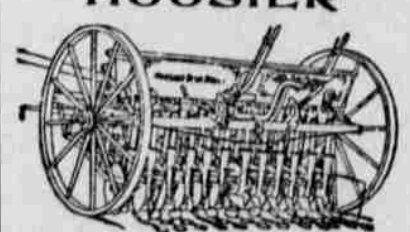
If you haven't a regular, healthy movement of the bowels every day, you're sick, or will be. Keep your bowels open, and be well. Force in the shape of violent physic or ill poison is dangerous. The smoothest, easiest, most perfect way of keeping the bowels clear and clean is to take

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Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sickens, Weakens, or Grips, 10c. 5c. Write for free sample, and booklet on health. Address: Hartley Remedy Company, Chicago, Ill. Sold by Druggists.

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